Never can children’s education be complete unless we impart
in them the true appreciation of the eternal values of life.
Teaching with all the right ingredients

- Authentic and comprehensive curriculum
- Grade specific resource books for teachers from KG to 12th Grade
- 40 complete lessons for each grade in an easy-to-understand format
- Open-ended activities help children think ‘outside the box’
- Creative teaching providing food for thought in a fun way
An innovative way to jump start a value based education program has been created for our children. It is a structured, age appropriate program which runs from KG - 12th grade. It provides twelve well developed teachers’ handbooks. All the books have 40 lessons (estimated one per week) and each lesson runs for 60 minutes.

The multi-dimensional approach of looking at scriptures as they apply to our daily lives makes spirituality more relevant for children. We want our children to lead a truly happy, peaceful, and successful life. There is no better way but to introduce them to the science of living through this program. This program has been tried and tested for last twenty five years, and it has proved to be extremely helpful. This unique program can be easily used in any setting – Sunday school, regular school, and home school or in any other small group sessions.

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<td>Key To Success</td>
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Curriculum Highlights

Alphabet Safari - Kindergarten
Instill values like aspiration, brotherhood, cleanliness etc., through animal stories, coloring, and hands-on activities.

Bāla Rāmāyaṇa - Grade 1
Inspire children and enhance their imagination through the events and stories of Śrī Rāma’s journey in Rāmāyaṇa.

Game: Grab It All
In this game, children will learn why greed is bad.

Materials Required
- Classroom kit
- Few items like beans, fruits etc.

Directions
Make several teams of two children each. They connect to each other by putting their one hand on waist. They move around as a pair, without getting disconnected. Spread many small things (e.g., ruler, book, marbles, beans etc.) on the floor of the classroom. All pairs move around in the classroom and try to pick up as many things as they can. They must carry all items at all times till the game is over. The pair that picks up most number of things is Kabandha.

Inference: Now explain to children how difficult it is to grab and hold on to all things. In life also, let us learn not to hold on to things and be a Kabandha. When we act like Kabandha, we become miserable.
**Curriculum Highlights**

**Sri Hanumān The Super Superman - Grade 2**
Learn from Hanumānji the values like courage, strength, fearlessness, alertness, eloquence etc., as they are the vitamins that make our mental backbone straight and strong.

**Bāla Bhāgavatam - Grade 3**
Through the stories of different avatāras of Lord Śrī Viṣṇu, children learn to own up to their actions. They learn to ask for only what they need, and not necessarily what they desire.
Kṛṣṇa Kṛṣṇa Everywhere - Grade 4

Encourage children to learn about sharing and self-discipline through the stories of Lord Kṛṣṇa. They learn to introspect and record their observations regularly.

My Twenty-Four Teachers - Grade 4

“To succeed, one needs a coach,” and once the value of the coach is established, we automatically learn from everyone and everywhere. Thus, children will learn to recognize and develop reverence for teachers throughout nature.
Symbolism In Hinduism - Grade 5
Explain the importance of symbols. The deities are symbols of the one Omnipresent Lord. These symbols teach us to live a life of harmony, fulfillment, and happiness.

India, The Sacred Land - Grade 6
Energize children about the rich heritage of India. Saints and sages, our treasure, made this land sacred and contributed to its success.
P. O. Box Mr. God (Rāmacaritamānasā) - Grade 7
Invite children to find the Omnipresent God and His address. Then they learn that each one of us is His address and we can find Him within us, if we learn to live a life of noble virtues.

Key To Success (Rāmacaritamānasā) - Grade 7
Challenge children to learn to achieve success in the world by living a life rich in values. Emphasize how a disciplined mind enjoys happiness and peace.

Yato Dharmah Tato Jayah – Grade 8
“Be victorious in life by following Dharma,” is the main theme. The text dives deep into what is Dharma, how to live by Dharma, along with the story of Mahābhārata. The goal of life and how we are the architect of our own future is explained through the Law of Karma.
Hindu Culture - Grade 9
Accomplish the goal of life by following the Hindu Sanskriti. Learn to live a stress free life by applying the message of Upanishads.

Bhagavad Gîtā - Grade 10 & 11
Absorb the message of Gîtā through flowcharts and other unique techniques, in a logical sequence. The text used in this class is “Holy Gîtā” by Swami Chinmayanandana.

Self-Unfoldment - Grade 12
Realize your inner potential and transform your life through the fundamentals of Vedanta.
Tell, Never Teach – children are encouraged to think on their own to draw conclusions

Dr. Bloom’s Taxonomy – Children learn to gradually move from simple knowledge level to the highest evaluation level in their thinking.

The result is an integrated personality, which is the main ingredient for success.

To be healthy physically we go to gym to tone our muscles. The teachings rooted in the bedrock of Hindu scriptures, tone the muscles of the mind to integrate the human personality. A healthy mind, a happy mind, and a peaceful mind makes life meaningful and takes us to the highest evolution that man is capable of achieving in life.
"I have learned that success is not easy to achieve. It is success only when you have earned it the honest way."
- Jay 7th Grade

"I like to come to class because I get to learn about God and have fun at the same time."
- Sanjana 2nd Grade

"My favorite is Rama because he has a bow and an arrow, and he killed the demon Ravana."
- Ravi 1st grade

A Language
English, French, Latin and ... Hinduism
It too is a language.
This language helps you live, And lets you grow.
This language shapes your character, And lets you express it.
This language defines respect, And lets you portray it.
- Spoorthy 10th Grade

I learnt about freedom: Many of my classmates and I defined freedom as the “the ability to do what we want to do.” However, our teacher calmly pointed out that “freedom is the ability to do what is right, regardless of whether you want to do it or not.”
- Mona 8th Grade

The program reinforces important values that the children must remember to follow throughout the course of their life, as they grow to be teenagers and then an adult.
- Aunsha – Student Teacher

The lessons are so complete that the teacher does not have to research for additional material. They are so interesting that I get completely soaked in them and I like to bask in the knowledge of the lesson.
The books can be used internationally since the teaching material like the stories/games/projects are universal and do not pertain to any particular country.
- Lata - Teacher

“Very creative and artistic. The emphasis on visual aids and activities makes the lessons very engaging.”
- Renu - Teacher

Age appropriate teaching material and style. Great self teaching tool. Excellent layout. Good mix of theory, brainstorming, discussions, games and projects.
- Sonal - Teacher
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To get more details about our program visit:
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Additional training for your staff can be provided through training seminars. Please send your inquiries to teachershelp@chinmayahouston.org

Program Director
Acharya Darshana Nanavaty