

# Wisdom Of Wise

## Lesson Message

- ◆ “The wise never asks for more than what he needs.” What does this mean?  
Anything oversized is really cumbersome and is hard to manage; you can not even enjoy it. So, we should have only what we need, if we are wise.

### OPENING PRAYER

3 MINUTES

ॐ सह नाववतु ।  
सह नौ भुनक्तु ।  
सह वीर्यं करवावहै ।  
तेजस्विनावधीतमस्तु मा विद्विषावहै ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥  
*om saha nāvavatu,  
saha nau bhunaktu,  
saha vīryam karavāvahai,  
tejasvināvadhītam-astu mā vidviṣāvahai.  
om śāntiḥ śāntiḥ śāntiḥ.*

May He protect us both.  
May He nourish us.  
May we acquire the capacity  
(to study and understand the  
scriptures).  
May our study be brilliant.  
May we not cavil at each other.  
*Om Peace Peace Peace.*

### ATTENDANCE

5 MINUTES

Take attendance and let each child respond *Hariḥ Om*, when his or her name is called.

### MEMORY TIME

10 MINUTES

Chant all the verses of *Gurustotram* given in the Introduction.

### TOPIC OF THE DAY

35 MINUTES

The topic of the day consists of:

- ◆ **Recap:** Vāmana Avatāra
- ◆ **Discussion:** Quote

- ◆ **Brainstorming:** Vāmana Or Mānava?
- ◆ **Game:** Four Corners

### Recap: Vāmana Avatāra

Take a few minutes to recap the episode of the Vāmana Avatāra.

### Discussion: Quote

“The wise never asks for more than what he needs.” What does this mean?



Anything oversized is really cumbersome and hard to manage; you cannot even enjoy it.

This is what we mean when we say: “Eyes are bigger than the stomach.”

We end up wasting a lot and we ourselves become miserable.

Bring out how we should not waste food, water, and other worldly resources. Anything, in excess is a waste.

### Brainstorming: Vāmana Or Mānava?

Vāmana is *mānava*. *Mānava* means a human. Human is one who is:

H – happy, helpful to others

U – Understanding

M – Manners (one with good manners like love, kindness etc.)

A – Angel like

N – Neat



Let children write list of additional values each letter stands for.

### Game: Four Corners

Name four corners of the class room with different characters or the places of the Bhāgavatam. For example, the four corners can be Viṣṇu, Varāha, Jaya, and Vijaya. Children select any one corner and stand in that corner. Teacher calls out a name of one of the corners and all the children run to that corner.

Children, who fail to reach that corner by the time teacher counts to ten, are out of the game and they sit down.

Keep on changing the names of the four corners so that children can become familiar with characters and places of Bhāgavatam.

### QUIET TIME

5 MINUTES

Follow “Who is Nāradaĵī” given in the Introduction to make children’s mind quiet.

### CLOSING PRAYER

2 MINUTES

ॐ सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।  
सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

*om sarve bhavantu sukhinah sarve santu nirāmayāḥ,  
sarve bhadraṇi paśyantū mā kaścid duḥkhabhāgbhavet.  
om śāntiḥ śāntiḥ śāntiḥ.*

May all be happy.  
May all be healthy.  
May all enjoy prosperity.  
May none suffer.  
Om Peace Peace Peace.